

Eastern Connecticut



Junior Sailing

Dear Junior Sailor:

Here is the 2009 edition of the ECSA Junior Yearbook. Enclosed are many of the details you will need to participate in junior sailing events in Eastern Connecticut this summer. This book is for you, and we want it to be as useful as possible. We receive little feedback, and so assume it covers what you want it to. Please let us know what we are missing, so we can make it better for next year.

Have a great summer!

Paul Risseeuw
ECSA Junior Chairperson
68 Main Street
Ivoryton, CT 06442
prisseeuw@aol.com

860-767-1995



Table of Contents

Statistics.....	3
Junior Events Schedule.....	4
Team Race Schedule.....	5
A Note About Age Limits.....	6
Eligibility.....	6
Green Fleet Regattas.....	7
Is My Child Ready for Green Fleet?.....	7
Regatta Announcements.....	9
US Sailing Junior Championships.....	17
Sears.....	17
Bemis.....	17
Smythe.....	18
ECSA Junior Championships.....	19
Season Trophies.....	19
ECSA Team Racing Championships.....	19
ECSA All Star Regatta.....	19
ECSA Midget Regattas/Championships.....	19
SUNY Challenge Regatta.....	20



**Eastern Connecticut Sailing Association
2009 Junior Events Yearbook**

Program	Total Students	Instructors	Jr. Instructors	Ages	Open to Public	CC420	Blue Jay	JY 15	Laser	Optimist	Sea Shell	Other	Jr Chairperson
Block Island Club	40	2			N					12			James Spallone 401-466-5939
Fenwick Sailing	160	4	3	6-18	N	8/8	6/1		4/2	30/8			Gwen Millard 860-395-0323
Fishers Island YC	35	4	4	5-18	N		13/0		8/0	14/0	35/0		Bill McCance sbmccance@comcast.net
Groton Long Point YC	34	2	2	8-16	Y					8/0			Doug Steere 603-472-3012
Guilford YC	40	2	4	9-15	Y					4		8 - JY 9	John Knapp 203-453-3738
Hamburg Cove YC	50	3	4	9-16	Y		8/6	6/6	4/0				Bob McCracken 860-434-7283
Housatonic Boat Club													Jeff Gallo jeffery.gallo@pw.utc.com
Madison Beach Club	82	3	2	6-16	N	8/8			7/0	35/0			Joel Kobylak jkobylak@communicationsdistributors.com
Mason's Island YC	55	4	2	18-Jul	N	6/3				30			Cindy Fazio 917-439-6708
New London CB	336	4	1	8-15	Y			6/6		12/12			Carolyn Leuze 860-443-2517
Niantic Bay YC	65	4	4	6-16	Y	6/6	6/4		7/0	14/6			Wick Haylon 860-857-6766
North Cove YC	72	5	0	9-15	Y	4/4				4/4		18/7 Dyer Dhows	Ed Godfrey 860-395-5605
Pettipaug YC	150	6	5	8-18	Y	13/13	8/0			25/7			Cameron Taylor 860-526-4970
Pilot's Point	110	4	2	8-16	Y		2/2	6/6					Hillary Loftus 860-399-6213
Pine Orchard Y&CC	40	3	1	7-16	N	6/6				8/6			Jason Swan 203-676-5314
Quassapaug SC	35	2	1	9-19	N	6/6				10		20 Snipes	Bob Panza 203-263-0216
Ram Island YC	60	4	10	6-16	Y	6/1	3/0			30/2			John McCrea
Sachem's Head YC	50	4	3	7-18	N	9/9			10/2	30/7			Johnmccrea@comcast.net
Shennecossett YC	15	1	0	10-18	Y							4/4 FJ's	Paul Hughes 203-458-2885
Stonington Harbor YC	166	6	0	6-17	Y	6		4		15/12			John LaBonte alandor383@sbcglobal.net
Thames YC	80	3	4	5-16	Y	5	1			22/12		10 Force Five	Bob Fountain 860-535-3350
Wadawanuck Club	86	4	0	6-17	N	2/0	3/1	41/3		27/2			Steve Potter miamatta03@yahoo.com
Watch Hill YC	80	4	0	8-18	Y	6/4	8/3	12/8	1/0	16/12			David Eck 860-535-1945
Weekapaug YC	150	7	3	7-16	N	9/9			3/0	50/17		2 Beetle Cats	Dale Ahearn 203-438-5969
Yale Corinthian YC	50	5	0	10-18	Y	24/24						10/10 Windsurfers	Tom Kigerman 973-763-8712
Totals	2041	90	55			124	58	75	45	396	35	69	Bill Healy william.healy@yale.edu



29-Jun	6-Jul	13-Jul	14-Jul	20-Jul	27-Jul	3-Aug
Watch Hill @ Wadawanuck Fishers Is @ Weekapaug Masons Is @ Ram Island Stonington @ Thames Bye @ Pilots Point Sachem's Hd @ Madison Yale @ Pine Orchard Niantic @ Pettipaug	Thames @ Watch Hill Ram Island @ Weekapaug Wadawanuck @ Fishers Is Masons Is @ Stonington Pettipaug @ Bye Pine Orchard @ Madison Pilots Point @ Sachem's Head Niantic @ Yale	Wadawanuck @ Thames Weekapaug @ Masons Is Watch Hill @ Ram Island Fishers Is @ Stonington Madison @ Pilots Point Pettipaug @ Sachem's Head Bye @ Yale Pine Orch @ Niantic	Weekapaug @ Wadawanuck Thames @ Fishers Is Watch Hill @ Masons Is Stonington @ Ram Island Yale @ Pettipaug Pine Orchard @ Pilots Point Sachem's Hd @ Bye Madison @ Niantic	Masons Is @ Thames Ram Is @ Wadawanuck Fishers Is @ Watch Hill Stonington @ Weekapaug Pilots Point @ Pettipaug Madison @ Yale Bye @ Pine Orchard Niantic @ Sachem's Head	Thames @ Weekapaug Fishers Is @ Ram Is Wadawanuck @ Masons Is Watch Hill @ Stonington Pettipaug @ Madison Sachem's @ Pine Orchard Pilots Point @ Yale Bye @ Niantic	Ram Island @ Thames Weekapaug @ Watch Hill Masons Is @ Fishers Is Wadawanuck @ Stonington Pine Orchard @ Pettipaug Madison @ Bye Yale @ Sachem's Head Niantic @ Pilots Point
BOTH TEAMS MUST SEND IN RESULTS TO Paul Risseuw						
e-mail PRisseuw@aol.com						
Team Race Championships at Yale on Wednesday, August 12 The top three teams in each division attend						
Basic ECSA Team Racing Format						
1. Host Team divides boats into two groups 2. Teams switch boats for second race 3. Visiting team selects which group of boats to sail in third race 4. All three races should be sailed, even if one team wins the first two 5. Dates can be moved by mutual consent of both clubs 6. If race cannot be rescheduled by mutual consent, the team failing to meet the original date forfeits 7. The host club must brief the visiting club on local conditions prior to racing						



A Note About Age Limits

The general purpose of this yearbook is to distribute information about the Junior events scheduled in this area. The term Junior has a very specific meaning, as outlined below. Unless the regatta announcements that follow specify otherwise, expect that Junior sailors only will be attending.

The International Optimist Dinghy class (IOD) has its own set of age limits, also outlined below. The official IOD Class Association age groups and restrictions are shown. Most ECSA member clubs use the IOD class age groups for IOD regattas.

Also listed below are age restrictions for a number of US Sailing sponsored events.

<i>US Sailing/ECSA/Frostbite Age Groups</i>	
ECSA Midgets	Can not reach 15 in 2009 (Born on or since 1/1/1995)
<i>US Sailing Juniors</i>	Must reach 13, but not 19 in 2009 (Born on or after 1/1/1991 and on or before 1/1/1996)
<i>US Sailing Youths</i>	Can not reach 20 in 2009 (Born on or after 1/1/1990)
<i>US Sailing O'Day Trophy</i>	Must be 16 or older in 2009 (Born on or before 12/31/1994)
Essex Frostbite Yacht Club	Skipper (need not be helmsman) must be 15, second sailor has no age limit
ECSA All Star & Team Racing	Can not reach 19 in 2009 Born on or after 1/1/1991

International Optimist Class Association Age Groups	
White Fleet	10 and under
Blue Fleet	11 and 12
Red Fleet	13, 14 & 15
Green Fleet	15 and under/see below
IOD Class Association determining age is the skipper's age on the first day of the regatta.	

Eligibility

Once a Sailor enters the team racing series for one program, s/he may not sail for any other program in Team Racing even if s/he is a member of both programs. A sailor may represent any program s/he chooses for individual regattas. Full time paid sailing instructors may not sail in the Team Racing or All Star events. Junior Instructors (typically not paid, paid very little, or working part time) may sail in Team Racing and All Star Regattas provided they are legitimate members of the program they represent.



Special Information about Green Fleet Regattas

Green fleet regattas are where it all starts for the new racer. These regattas are just for beginners. Remember when you go to a Green Fleet regatta that all the other sailors are in the same boat as you, everything is new to them as well. And just as important remember that most parents are new too. Most have not been to a regatta before. Actually, USODA reports that, on average, 50% of the parents of Optimist sailors have no background in sailing.

Be there right at the beginning, it's a lot of fun both for you and your child. And it's nice for your new sailors to have mom or dad right by them at this first regatta. You get to meet many new people and realize that Optimist sailing actually is just as much fun for parents as it is for the children.

Green Fleet has two purposes: 1) To encourage novices to attend their first Optimist Regatta, and 2) To encourage their continued participation in Optimist racing. To achieve these underlying goals, each regatta with a green fleet division may make up their own rules. Here are some useful guidelines to consider about green fleet divisions from USODA:

- Skippers must be age 15 or under on December 31st of the current year.
- Upon winning three or more green fleet trophies in either 1st, 2nd, or 3rd place, or any combination thereof, a skipper should advance to their appropriate age group fleet.
- Clubs are encouraged to give all sailors participation awards rather than placement trophies. "Winning" is not nearly as important as encouraging novice sailors.
- Coaching of the bottom half of the fleet during racing may or may not be permitted (it should be spelled out in the sailing instructions). Coaches should use due caution when coaching to not cause wash or other actions to interfere with other racers. Coaches should coach all participants that need it, not just their own sailors.
- A separate skippers meeting for the green fleet sailors is highly recommended.
- Green fleet races should be held on a separate course so as not to delay the more efficient racing on the Red-White-Blue course.

Is my child ready for green fleet?

Consider the following questions when deciding if your son or daughter should try their hand at racing in green fleet. The goal is to have a good time, make new friends, and try to do well racing sailboats. And it should be pretty much in that order. The fact that a regatta organizer has a green fleet indicates that they will try to provide an environment that engenders this spirit. If you can answer yes to most or all of these questions, then your sailor is ready to give it a try. Remember the goal is to have a good time. So if a half day is all that remains fun, stop sailing at lunch and come back another day for more fun!

- Can sail upwind, reaching, and downwind
- Understands the basic rules (no crashing) and can do his/her part to avoid crashing



- Can identify the race course (usually a triangle marked by orange floating balls)
- Can hear and figure out (even if it means following directions and other sailors) the starting signals.
- Wants to have fun
- Knows how to smile and have a good time!

If you think it is time to give it a try, or if you are not certain, give your sailing instructor a couple of minutes of your time, and ask. They know your sailor's skills, and are familiar with Optimist regattas. They can give you lots of help.



**ECSA Smythe Elimination
at Niantic Bay Junior Olympic Regatta**

Date: July 7th Skippers Meeting: **10:30 am**
Classes: Laser full rig (Bring your own boat) Fee: None
Comments: The Smythe is the *US Sailing* national junior single handed
championship. It will be sailed in conjunction with the Niantic Bay Jr.
Olympic Regatta. See detailed Smythe information at the end of this
section. **Registration closes July 1st.**
Contact: Paul Risseuw 860-767-1995

Groton Long Point Junior Regatta

Date: July 8th Skippers Meeting: 9:30 am
Classes: Blue Jay, 420 Fee: \$34.00
Comments: Includes lunch and giveaway
Contact: Lesley deLabry, 860-536-0242 (9-12 & 3-5)

Watch Hill Optimist Regatta

Date: July 9th Skippers Meeting: 9:30 am
Classes: Optimist, Optimist Green Fee: \$25.00
Comments: Cookout and Tee Shirt included.
Contact: David Livingston 401-596-9266
Watch Hill Yacht Club, 401-596-4986



Fishers Island Optimist Regatta

Date: July 14th Skippers Meeting: 9:30 am
Classes: Optimist Red, White, Blue & Green Fee: \$25.00
Comments: Lunches, T-Shirt and Great Trophies included.
 Make checks payable to Hay Harbor Club
 Ferry leaves New London at 7:00 am.
Contact: Head Instructor, 631-788-7323 (Hay Harbor Club Office)

Austin LaFrance Opti Regatta at Ram Island Yacht Club

Date: July 16th Skippers Meeting: 9:30 am
Classes: Optimist Red, White, Blue & Green Fee: \$25.00
Comments: T-Shirt and give-away included. Lunch provided on the water. Please
 bring DRINKING WATER and sun block. Trophies for Red, White and
 Blue fleet and participation medals for all Green fleet.
 Make checks payable to Ram Island Yacht Club
Contact: Matt Champney 860-536-7681

ECSA Sears Elimination at Essex Yacht Club

Date: July 16th Skippers Meeting: **9:30 am**
Classes: Ideal 18's, Three person team Fee: None
Comments: The Sears is the *US Sailing* national junior triple handed championship.
 This is a round robin event, boats will be rotated. Please see detailed
 Sears information at the end of this section. **Registration closes July 1st.**
Contact: Paul Risseuw 860-767-1995



Groton Long Point Optimist Regatta

Date: August 12th Skippers Meeting: 9:30 am
Classes: Optimist, including Green Fleet Fee: **\$25.00**

Comments: Includes lunch and giveaway
Contact: Lesley deLabry, 860-536-0242 (9-12 & 3-5)

ECSA Team Racing Championships

At Yale Corinthian Yacht Club

Date: August 12th Skippers Meeting: 9:30 am
Classes: 420 Fee: None
Comments: 3 boats of two sailors per boat make up a team. Bring your own lunch and life jacket (PFD). Please see the detailed team racing information at the end of this section.

Contact: Paul Risseeuw, 860-767-1995

Midget Challenge

at United States Coast Guard Academy

Date: August 13th Skippers Meeting: 9:30 am
Classes: Flying Junior (FJ) Fee: None
Comments: ECSA, JSA, ELISSA, GSBSA, by invitation. To qualify you must finish in the top 7 at the ECSA Midget Elimination on 7/11/2008. Please see detailed midget information at the end of this section.

Contact: Paul Risseeuw, 860-767-1995

Pettipaug Junior Regatta

Date: August 16th Skippers Meeting: 9:30 am
Classes: Blue Jay, Laser, Laser Radial, C/C Fee: \$10.00 per sailor
 420, Optimist (with Green Fleet)
Comments: Includes Tee Shirt. Lunch available for \$7.00 per person if ordered at registration. ECSA Junior Awards cookout immediately following regatta.

Contact: Paul Risseeuw, 860-767-1995



**ECSA Junior Awards Cookout
at Pettipaug Yacht Club**

Date: August 16th Skippers Meeting: Around 4:00 pm
Classes: All Fee: \$5.00 per person
Comments: Includes cookout. Trophies and prizes awarded for ECSA events for the summer. A fun casual event immediately following the Pettipaug Regatta.
Contact: Paul Risseuw. 860-767-1995

US Sailing Junior Championships

The Sears (triple handed), Bemis (double handed), and Smythe (single handed) championships are open to young men and women who qualify as “Junior” Sailors (see the age chart). The skipper and crew for any event must be members of *US Sailing* and all members of the crew must be members of the same Sailing Club. See the “Conditions” on the US Sailing website for all entry details and requirements.

To enter any of the three events, you must complete the official entry form. The form is available on *US Sailing*’s web site at: <http://www.ussailing.com> This form must be completed in full, and signed by a flag officer of your yacht club. If it is not complete, you will not be permitted to race. Entry deadline for all three events is July 1, 2009.

Sears Information

The Sears Championship is the *US Sailing* triple handed National Junior Championship. This year the ECSA Sears Elimination will be held on July 16th, at Essex YC, sailing Ideal 18’s with a three person team.

Boats will be rotated between races in a round robin fashion. **The entry deadline is July 1st.** One team of three sailors per club is permitted to sail in this event. The sailors must be members of US Sailing. The club must also be a member of US Sailing. Each club should establish a system for selecting the team to represent their club. Only the winning team from the ECSA eliminations will go on to the Area B’s.

The Area B eliminations will be at the Bayshore YC on the Great South Bay (Long Island), on July 28-29 in provided Flying Scots. All sailors competing in the ECSA Sears Elimination should be available and prepared to compete in the Area B Elimination, should they win the ECSA Elimination. If you can’t go on to the Area B’s, do not enter. You will receive further information about the Area B competition when you win the ECSA elimination. Contact Paul Risseuw (860-767-1995) by **July 1st** if you intend to enter.

Bemis Information

The Bemis Championship is the *US Sailing* double handed National Junior Championship. This year the ECSA Bemis Elimination will be held on July 7th at the



Niantic Bay Junior Olympic Regatta, sailing Club 420's with traps and chutes. The Bemis entrants will race within the larger 420 fleet. Bemis selection will be done by rescoring the Bemis entrants, eliminating non-Bemis boats. This will be done after completion of the day's racing.

Boats will not be rotated between races. **The entry deadline is July 1st.** This is an open elimination, allowing more than one team from any one club. The sailors must be members of *US Sailing*. The club must also be a member of US Sailing. **The top two teams will qualify for the Area B's.** Each contestant must bring their own fully equipped 420.

The Area B elimination will be at the Bellport Bay YC, on the Great South Bay (Long Island), with bring-your-own, race-your-own, C/C 420s on July 28-29. The top two finishers will go on to the finals. All sailors competing in the ECSA Bemis Elimination should be available and prepared to compete in the Area B Elimination, should they win the ECSA Elimination. You will receive further information about the Area B competition when you win the ECSA elimination. Contact Paul Risseuw (860-767-1995) by **July 1st**.

Smythe Information

The Smythe Championship is the *US Sailing* single handed National Junior Championship. This year the ECSA Smythe Elimination will be held on July 7th at the Niantic Bay Junior Olympic Regatta, sailing full rig Lasers. The Smythe entrants will race within the larger Laser fleet. Smythe selection will be done by rescoring the Smythe entrants, eliminating non-Smythe boats. This will be done after completion of the day's racing.

Each competitor is responsible for supplying a fully rigged, ready to race Laser. Boats will not be rotated. Sailors will sail their own Laser. The entry deadline is **July 1st.** This is an open elimination, allowing more than one team from any one club. The Sailor must be a member of US Sailing. Their club must also be a member of US Sailing. **The top two teams will qualify for the Area B's.**

The Area B elimination will be at the Bellport Bay YC, on the Great South Bay (Long Island), with bring-your-own, race-your-own Laser on July 28-29. The top two finishers will go on to the finals. All sailors competing in the ECSA Bemis Elimination should be available and prepared to compete in the Area B Elimination, should they win the ECSA Elimination. You will receive further information about the Area B competition when you win the ECSA elimination. Contact Paul Risseuw (860-767-1995) by **July 1st**.



ECSA Junior Championships

ECSA Season Trophies

ECSA awards season trophies for the top three skippers in the 420 Class. Laser and Blue Jay season trophies will also be awarded if there is enough participation. Scoring is high point, with one point being awarded for each boat you beat in any of the sanctioned Junior Regattas. Thus, the bigger the fleet and the more regattas you attend, the more points you will amass. Trophies will be awarded during the cookout at Pettipaug YC on August 16th. These trophies are available to be won by any member of an ECSA club.

ECSA Team Racing Championship

The racing schedule starts June 29th and finishes on August 3rd. Monday afternoons and one Wednesday are reserved for team racing. Flexibility to change schedules is encouraged but if mutual agreement between the host and visitor clubs is not achieved, then a forfeit by the club not meeting the scheduled competition is recorded. Results of each match must be e-mailed to Paul Risseeuw at PRisseeuw@aol.com immediately. The Championship Regatta is scheduled for August 12th at Yale. The top THREE East Division and top THREE West Division clubs will be invited to attend. See the regatta announcement in the announcements section for specifics. Trophies will be awarded to the top three teams at the ECSA Cookout at Pettipaug YC on August 16th.

If agreed upon by both teams in advance, protests may be done on the water at the RC boat with the Race Committee as the Protest Committee. Both boats will come alongside the RC boat and hold the hearing.

ECSA All Star Regatta

Each club within ECSA is invited to send a team consisting of two junior skippers and two crew to compete in a collegiate style, A/B fleet type regatta as USCGA on August 11th. Each club determines for itself what selection process it will use but theoretically the competitors represent an "All Star" group. Normal Intercollegiate racing rules apply as A competitors and B competitors race within their own fleets, alternating boats as determined by the rotation schedule. As many races as possible are run and the overall winners are determined by adding together the A and B totals. No throw outs are permitted. See Race Announcement section for specific details. Trophies will be awarded at the ECSA cookout at Pettipaug YC on August 16th.

ECSA Midget Regattas/Championships

The ECSA Midget regattas are open to those sailors who qualify as Midgets (see age chart). These eliminations are open to all ECSA Midgets, with no restriction as to one per club. These eliminations will be sailed concurrently with the 420 fleet at the Wadawanuck Regatta on July 10th. The top two finishers of the midget elimination qualify for the Mid-Atlantic Midget Championships, to be held at the Indian Harbor YC



in Greenwich, CT on August 22-23. The top 7 ECSA finishers become the team that represents ECSA at the Midget Challenge Regatta held at USCGA on August 13th. The #4, 5, 6 & 7 qualifiers will share two boats at the USCGA. Trophies will be awarded at the ECSA Awards Cookout at Pettipaug YC on August 16th. If a winner cannot go to the Mid-Atlantics or Coast Guard, then the next lowest point total will be invited.

The Midget Challenge regatta at USCGA is held in USCGA Flying Junior's (FJ's), using normal fleet racing rules. No team racing is allowed. Teams from Western Long Island Sound, Great South Bay and Eastern Long Island are invited. A total of 20 boats race. "Team" scores are totaled to determine the winning team. Trophies are awarded to the top 3 skippers and crews.

The selection process for the two ECSA Optimist entries in the Mid-Atlantic Midget Championship is as follows: The skippers compiling the lowest point total in five of the thirteen following regattas will be selected: Weekapaug, Niantic Bay, Watch Hill, Wadawanuck, Fishers Island, Ram Island, Sachem's Head, Mason's Island, Pine Orchard, Stonington Harbor, Thames, New London Community Boating and Madison Beach. Scoring is based on overall fleet finishes, with 1 for first, 2 for second, etc. Ties will be broken by the most first, seconds, thirds, etc. If a tie still remains, then who beat who in the last regatta both sailed in will be the tie breaker. If a winner cannot go to the Mid-Atlantics, then the next lowest point total will be invited.

SUNY Challenge Regatta

The SUNY (State University of New York) Challenge Regatta is new this year. It will be held every year at SUNY Maritime, also referred to as Fort Schuyler, located under the Throgs Neck Bridge in New York. Five teams from ECSA, JSA, GSB and ELI will compete, similar to the Midget Challenge at the Coast Guard Academy. Age limits are US Sailing limits, 18 and under. It is the intent that the entrants are no longer Midgets, as they have their regatta at Coast Guard. This is for the older sailors. However, a midget will not be excluded if he/she is the normal crew for the sailor qualifying. These eliminations are open to all ECSA sailors, with no restriction as to one per club. These eliminations will be sailed concurrently with the 420 fleet at the Wadawanuck Regatta on July 10th. The top five age appropriate finishers will qualify for the SUNY Regatta on July 22. SUNY Maritime will provide their fleet of 420's, sailed without spinnakers or traps.