Eastern Connecticut



Junior Sailing Web Version

Note: This version has no ads, and some other details are omitted, but are posted as separate PDF downloads at: <u>http://www.ecsa.net/juniors</u>

Dear Junior Sailor:

Here is the 2014 edition of the ECSA Junior Yearbook. Enclosed are many of the details you will need to participate in junior sailing events in Eastern Connecticut this summer. This book is for you, and we want it to be as useful as possible. We receive little feedback, and so assume it covers what you want it to. Please let us know what we are missing, so we can make it better for next year.

Have a great summer!

Paul Risseeuw ECSA Junior Chairperson 68 Main Street Ivoryton, CT 06442 prisseeuw@aol.com 860-767-1995

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A Note About Age Limits

The general purpose of this yearbook is to distribute information about the Junior events scheduled in this area. The term Junior has a very specific meaning, as outlined below. Unless the regatta announcements that follow specify otherwise, expect that Junior sailors only will be attending.

The International Optimist Dinghy class (IOD) has its own set of age limits, also outlined below. The official IOD Class Association age groups and restrictions are shown. Most ECSA member clubs use the IOD class age groups for IOD regattas.

US Sailing/ECSA/Frostbite Age Groups			
ECSA Midgets	Can not reach 16 in 2014 (420'S) & 15 (Optimists)		
US Sailing Juniors	Must reach 13, but not 19 in 2014		
US Sailing Youths	Can not reach 19 in 2014		
<i>US Sailing</i> O'Day Trophy	Must be 16 or older in 2014		
Essex Frostbite Yacht Club	Skipper (need not be helmsman) must be 15, second sailor has no age limit		
ECSA All Star & Team Racing	Can not reach 19 in 2014		

Also listed below are age restrictions for a number of US Sailing sponsored events.

International Optimist Class Association Age Groups			
White Fleet	10 and under		
Blue Fleet 11 and 12			
Red Fleet 13, 14 & 15			
Green Fleet 15 and under/see below			
IOD Class Association determining age is the skipper's age on the first day of the regatta.			



Eligibility

Once a Sailor enters the team racing series for one program, s/he may not sail for any other program in Team Racing even if s/he is a member of both programs. A sailor may represent any program s/he chooses for individual regattas. Full time paid sailing instructors may not sail in the Team Racing or All Star events. Junior Instructors (typically not paid, paid very little, or working part time) may sail in Team Racing and All Star Regattas provided they are legitimate members of the program they represent.



Special Information about Green Fleet Regattas

Green fleet regattas are where it all starts for the new racer. These regattas are just for beginners. Remember when you go to a Green Fleet regatta that all the other sailors are in the same boat as you, everything is new to them as well. And just as important remember that most parents are new too. Most have not been to a regatta before. Actually, USODA reports that, on average, 50% of the parents of Optimist sailors have no background in sailing.

Green Fleet has two purposes: 1) To encourage novices to attend their first Optimist Regatta, and 2) To encourage their continued participation in Optimist racing. To achieve these underlying goals, each regatta with a green fleet division may make up their own rules. Here are some useful guidelines to consider about green fleet divisions from USODA:

- Skippers must be age 15 or under on December 31st of the current year.
- Clubs are encouraged to give all sailors participation awards rather than placement trophies. "Winning" is not as important as encouraging novice sailors.
- Coaching of the bottom half of the fleet during racing may or may not be permitted (it should be spelled out in the sailing instructions). Coaches should use due caution when coaching to not cause wash or other actions to interfere with other racers. Coaches should coach all participants that need it, not just their own sailors.
- A separate skippers meeting for the green fleet sailors is highly recommended.
- Green fleet races should be held on a separate course so as not to delay the more efficient racing on the Red-White-Blue course.



Is my child ready for green fleet?

Consider the following questions when deciding if your son or daughter should try their hand at racing in green fleet. The goal is to have a good time, make new friends, and try to do well racing sailboats. And it should be pretty much in that order. The fact that a regatta organizer has a green fleet indicates that they will try to provide an environment that engenders this spirit. If you can answer yes to most or all of these questions, then your sailor is ready to give it a try. Remember the goal is to have a good time. So if a half day is all that remains fun, stop sailing at lunch and come back another day for more fun!

- Can sail upwind, reaching, and downwind
- Understands the basic rule (no crashing) and can do his/her part to avoid crashing
- Can identify the race course (usually a triangle marked by orange floating balls)
- Can hear and figure out (even if it means following directions and other sailors) the starting signals.
- Wants to have fun
- Knows how to smile and have a good time!

If you think it is time to give it a try, or if you are not certain, give your sailing instructor a couple of minutes of your time, and ask. They know your sailor's skills, and are familiar with Optimist regattas. They can give you lots of help.



Regatta Announcements

The following pages contain the official regatta announcements for all ECSA and ECSA club-sponsored junior events for the 2014 sailing season. Use the entry forms found in the back of this yearbook to enter any of these regattas.

Advance registration, either by mail or phone, is very important to the host clubs, so they can provide the proper number of lunches, Tee shirts, and other items as needed. Courtesy dictates that you enter as early as possible. Some regattas provide lunches and peripheral items only if you enter early. Ask your sailing instructor for assistance or more information.

Please note that most of the times listed are Skipper's Meeting times. You should plan to arrive at the host club before this time to rig your boat, and be prepared to go sailing immediately after the skipper's meeting.

ECSA Sears Elimination at Essex Yacht Club			
Date:	TBD Skippers Meeting: TBD		
Classes:	Ideal 18's, Three person team Fee: None		
Comments:	The Sears is the <i>US Sailing</i> national junior triple handed championship. This is a round robin event, boats will be rotated. Please see detailed Sears information at the end of this section. Registration closes July 15th. Contact Paul Risseeuw for details		
Contact:	Paul Risseeuw 860-767-1995		

1			
Mason's Island YC Opti Regatta			
Date:	July 3rd Skippers Meeting:	8:00-9:00 am Registration	
Classes:	Optimist Red, White, Blue and Fee: Green	\$30.00 on-line \$40.00 day of registration	
Comments:	Fee includes t-shirt, legendary cookout and a not required, but very much appreciated at www.masonsislandyachtclub.com	awards. Pre-registration is	
Contact:	Cindy Fazio 917-439-6708		



Watch Hill Optimist Regatta			
Date:	July 8 Skippers	Meeting:	9:30 am
Classes:	Optimist, Optimist Green	Fee:	\$25.00 before July 6 \$30.00 after July 6
Comments:	Please register online at <u>www.whyc.net</u> , click on the JUNIOR Tab register before July 6		
Contact:	Natalie Sawyer, <u>whycjrsailing@</u> Watch Hill Yacht Club, 401-596-		401-326-2007

Mason's Island YC/Fishers Island YC 420 Regatta At Masons Island YC

Date:	July 10th	Skippers Meeting:	See NOR
Classes:	420 with spin & trap fo Byte C-II for the Smyth		\$35.00 per 420 sailor \$70 per Byte CII, includes clinic on July 9
Comments:	Fee includes light breakfast, lunch, cookout, t-shirt, giveaways, and awards. Registration must be completed online by July 8, 2014, late fee of \$10 applies after 1800 July 3, 2014. <u>https://www.regattanetwork.com/clubmgmt/</u> <u>applet_registration_form.php?regatta_id=8544</u>		
Contact:	Cindy Fazio <u>MIYCjuni</u>	orsailing@gmail.com	<u>1</u> 917-439-6708



Area B Bemis Semi-Finals
at Mason's Island Yacht Club
Hosted by Mason's Island YC and Fishers Island YCDate:July 10thSkippers Meeting: See NORClasses:C/C 420 (Bring & sail your own)Fee: NoneComments:The Bemis is the US Sailing national junior double handed
championship. It will be sailed in conjunction with the Mason's Island
Regatta. See detailed Bemis information at the end of this section.Contact:Paul Risseeuw 860-767-1995

Area B Smythe Semi-Finals at Mason's Island Yacht Club

Hosted by Mason's Island YC and Fishers Island YC

	Date:	July 10th	Skippers Meeting:	See NOR
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Classes: Byte C II, Boats provided by Zim Fee: None

Comments: The Smythe is the *US Sailing* national junior single handed championship. It will be sailed in conjunction with the Mason's Island Regatta. See detailed Smythe information at the end of this section.

Contact: Paul Risseeuw 860-767-1995

SUNY Challenge Eliminations at Mason's Island Yacht Club

Hosted by Mason's Island YC and Fishers Island YC

Date:	July 10th	Skippers Meeting:	See NOR
Classes:	420 (BYOB)	Fee:	None
Comments:	Please see detailed SU section. SUNY entrants will sa Regatta.	C	
Contact:	Paul Risseeuw 767-1	995	



The Nat Earle Opti Regatta at Weekapaug YC

Date:July 15thSkippers Meeting: 9:30 am

Classes: Optimist including Green Fleet Fee: \$25.00

Comments: Lunches and Tee-Shirts Provided

Contact: Weekapaug Yacht Club, 401-322-7312

Salle Evelyn Regatta at Ram Island Yacht Club Hosted by Ram Island YC and Groton Long Point YC

Date:	July 17th	Skippers Meeting:	9:30 am
Classes:	Blue Jay, C/C 420	Fee:	\$40.00
Comments:	Lunch provided on the Pre-registration not rec Make checks payable t	luired	our own WATER BOTTLE llub
Contact:	Blake Powell at 860-66 or Stephanie Annino (8	1	@gmail.com

Sachem's Head YC Opti & Bic Open Regatta

Date: July 18th Skippers Meeting: 9:30 am

Classes: Optimist Red, White, Blue & Fee: \$30.00 Green plus Open Bic's

Comments: The launching area is at the back of the harbor at the end of Colonial Road, or boats can be carried out to the club over the footbridge. Includes give-away, lunch, and great prizes

Contact: Whitney Peterson 203-500-5111 (cell) or petersonwhitney@gmail.com



Fishers Island Optimist Regatta

Date:	July 22nd	Skippers Meeting:	9:30 am
Classes:	Optimist Red, White, E Green	Blue & Fee:	\$35.00
Comments:	Lunches, T-Shirt and G Make checks payable to Ferry leaves New Lond	o Hay Harbor Club	d.
Contact:	Meris Enright, 401-266	-8111 or Junior Saili	ng Office, (631)-788-7036

Niantic Bay "Larry White" Junior Olympic Regatta Niantic Bay Yacht Club US Sailing Association membership required. Can join at regatta			
Date:	July 24th	Skippers Meeting:	10:00 am
Classes:	Blue Jay, C/C 420, Las Optimist, Optimist Gre	,	\$25 Single Handed\$40 Double Handed
Comments:	Bring your own lunch, Post race cook-out and Check website for NO	l tee-shirt included	:
Contact:	Chris Vann, cvann208(NBYC, 860-739-0558	.	

Richard H. Roberts Optimist Regatta at Thames YC

Date:	July 25th	Skippers Mee	eting:	9:30 am
Classes:	Optimist including Gre	en Fleet	Fee:	\$25.00
Comments:	Tee Shirt included. Lunch included			
Contact:	Sailing Instructors, 860 Website: www.thames			



Pine Orchard Junior Regatta

Date:	July 27th	Skippers Meeting:	9:30 am
Classes:	C/C 420, Optimist Optimist Green Fleet	Fee:	\$25.00 Optimist \$40.00 420
Comments:	Lunch served on the w follows awards. \$12.00		ed. Informal barbecue Join us for a great time.
Contact:	Jason Swan, 203-260-9	9791, pineorchardsail	ing@gmail.com

Weekapaug Girl Power 420 RegattaDate:July 29thSkippers Meeting:9:00 amClasses:420 (Spinnaker and non-spinnaker)Fee:\$50.00Comments:Lunch and Prizes includedContact:Ben McAndrew, info@weekapaugyachtclub.com
Weekapaug Yacht Club, 401-322-7312

Austin LaFrance Opti Regatta at Ram Island Yacht Club

Date:	July 29th	Skippers Mee	ting:	9:30 am
Classes:	Optimist Red, White, E Green	Blue &	Fee:	\$30.00
Comments:	Lunch provided on the BOTTLE. Pre-registrat Make checks payable t	tion not required	l.	
Contact:	Blake Powell 860-662- or Stephanie Annino (8	-	vell@	gmail.com



New London Community Boating Regatta

Date: July 30th Skippers Meeting: 9:30 am

Classes: Opti, Opti Green,

Fee: \$25.00

Comments: Lunches and giveaway included

Contact: Carolyn Leuze, 860-443-2517

NESS /Wadawanuck 420 Regatta At NESS Sailing Center, Stonington, CT

Date: July 31st

Skippers Meeting: 9:30 am

Classes: 420

Fee: \$40.00 per boat

Comments: Lunch and give away included.

Contact: NESS (860) 535-9362

Wadawanuck Green Fleet Regatta Wadawanuck Yacht Club, Stonington, CT

Date:	August 1st	Skippers Mee	eting	10:30 am
Classes:	Optimist Green, Advand 420 Green	ced Green	Fee:	\$25.00 on-line \$40.00 on-site day of
Comments:	Includes event gift, lund Online pre-registration	· •		1 0
Contact:	Brandon Flack: bflack@ Club Manager's phone www.wadawanuck.com	860-535-0118	stratio	n



ECSA Junior Safety at Sea Seminar Sponsored by Storm Trysail Foundation and NESS At NESS, Stonington, CT				
Date:	August 1st	Skippers Meeting: See NOR		
Classes:	Offshore PHRF boats	Fee: See NOR		
Comments:	in the Junior Overnigh learn to safely sail big	boats. htscoring.com/emenu.cfm?eID=1146 for		
Contact:	Peter Rugg 212-734-1	376 Work, 917-519-1376 Cell		

Chubb Sears Cup Area B Semi-Finals The Waterfront Center, Long Island				
Date:	July 25th	Skippers Meeting: See NOR		
Classes:	Sonar	Fee: See NOR		
Comments:	Must qualify in ECSA Elimination to go to Area B's. One team only. Notify Paul Risseeuw by July 1 to enter.			
Contact:	Paul Risseeuw	860-767-1995 PRisseeuw@aol.com		

SUNY Maritime Junior Challenge At SUNY Maritime, Fort Schyler, Bronx, NY

Date:	August 5th	Skippers Me	eting:	12:00
Classes:	C/C 420		Fee:	None
Comments:		ll qualify at the Mason of the book for more in		0 1
Contact:	Paul Risseeuw	860-767-1995 PRiss	seeuw(aol.com



Groton Long Point Optimist Regatta

Date: August 5thSkippers Meeting: 9:30 am

Classes: Optimist, including Green Fleet Fee: \$30.00

Comments: Includes lunch and giveaway

Contact: Lesley deLabry, 860-536-0242 (9-12 & 3-5)

Watch Hill 420 Regatta

Date:	August 7th	Skippers Meeting:	9:30 am
Classes:	420	Fee:	\$25.00/sailor beforeAugust 5\$30.00 per sailor afterAugust 5th
Comments:	Please register online a register before August	· ·	k on the JUNIOR Tab
Contact:	Natalie Sawyer, whycj	rsailing@gmail.com	401-326-2007

Watch Hill Yacht Club, 401-596-4986

Madison Beach Club Junior Regatta

Date:	August 8	Skippers Meet	ing:	9:30 am
Classes:	Opti, Opti Gree	n, Laser, 420 F	ee:	\$30.00 Single Handed \$45.00 Double Handed
Comments:	Includes lunch a	and T-shirt		
Contact:	Andrew Pape	andrew@rep-am.com		



ECSA Junior Overnight Race Sponsored by Storm Trysail Club and Fishers Island YC				
Date:	August 8	Skippers Meeting: See NOR		
Classes:	Offshore PHRF boats	Fee: See NOR		
Comments:	must participate in the	ECSA Junior Overnight Race. All junior sailors Junior Safety at Sea Seminar at NESS on //www.yachtscoring.com/emenu.cfm?eID=1146		
Contact:	Peter Rugg 212-734-13	76 Work, 917-519-1376 Cell		

ECSA Team Racing Championships At Yale Corinthian Yacht Club				
Date:	August 11	Skippers Meeting:	9:30 am	
Classes:	420	Fee:	None	
Comments:	3 boats of two sailors per boat make up a team. Bring your own lunch and life jacket (PFD). Please see the detailed team racing information at the end of this section.			
Contact:	Paul Risseeuw, 860-7	67-1995		

ECSA All Star Regatta At United States Coast Guard Academy

Date:	August 12	Skippers Meeting:	9:30 am
Classes:	Flying Junior (FJ)	Fee:	None
Comments:	0.	n lunch, bailer, wate	(4 sailors per club) can r and life jacket (PFD). It the end of this section.

Contact: Bob Cashman, 860-434-9989



Midget Challenge at United States Coast Guard Academy			
Date:	August 13	Skippers Meeting:	9:30 am
Classes:	Flying Junior (FJ)	Fee:	None
Comments:	ECSA, JSA, PGJSA, GSBSA, by invitation. To qualify you must finish in the top 7 at the ECSA Midget Elimination on 7/12/2013. Please see detailed midget information at the end of this section. Bring your own lunch, bailer, water and life jacket (PFD).		
Contact:	Paul Risseeuw, 860-	-767-1995	

NESS/Wadawanuck Opti Regatta At NESS Sailing Center, Stonington, CT

Date: August 14th Skippers Meeting: 9:30 am

Classes: Optimist Green, White, Blue, Red Fee: \$30.00

Comments: Lunch and give away included

Contact: NESS (860) 535-9362

Paul Risseeuw Junior Regatta at Pettipaug Yacht Club

Date: August 17th Skippers Meeting: 9:30 am

- Classes: Blue Jay, Laser, Laser Radial, C/C Fee: \$20.00 per sailor 420 (with and without spinnaker), Optimist (with Green Fleet)
- Comments: Includes Tee Shirt. Lunch available for \$7.00 per person if ordered at registration. ECSA Junior Awards cookout immediately following regatta. ECSA trophies awarded at 4:00

Contact: Paul Risseeuw, 860-767-1995



US Sailing Junior Championships

The Sears (triple handed), Bemis (double handed), and Smythe (single handed) championships are open to young men and women who qualify as "Junior" Sailors (see the age chart). The skipper and crew for any event must be members of *US Sailing* and all members of ECSA clubs or programs, but no longer have to be from the same club. See the "Conditions" on the US Sailing website for all entry details and requirements.

Entry for the ECSA Bemis and Smythe Area B Championships is done by entering the Mason's Island Regatta on July 10th. Entry for the Area B's is done on-line only. Entry for the Sears Cup is done by calling Paul Risseeuw at 860-767-1995 by July 10th. This early deadline is necessary to arrange for borrowed boats.

Sears Information

The Sears Championship is the *US Sailing* triple handed National Junior Championship. This year the ECSA Sears Elimination will be held on TBD, at Essex YC, sailing Ideal 18's with a three person team. Date to be determined.

Boats will be rotated between races in a round robin fashion. **The entry deadline is July 10th.** All sailors must be members of US Sailing. The club the skipper is representing must also be a member of US Sailing. Only the winning team from the ECSA eliminations will go on to the Area B's.

The Area B eliminations will be at The Waterfront Center on Long Island Sound on July 25th in provided Sonars. All sailors competing in the ECSA Sears Elimination should be available and prepared to compete in the Area B Elimination, should they win the ECSA Elimination. If you can't go on to the Area B's, do not enter. You will receive further information about the Area B competition when you win the ECSA elimination. Contact Paul Risseeuw (860-767-1995) by **July 10th** if you intend to enter.

Bemis Information

The Bemis Championship is the *US Sailing* double handed National Junior Championship. This year ECSA will not have an elimination because the Area B's are an open event. Fishers Island YC will assist Mason's Island YC in hosting the event, at Mason's Island YC. The Bemis entrants will race within the larger 420 fleet. Bring your own and sail your own boat. This is an open elimination, allowing more than one team from any one club. The sailors must be members of *US Sailing*. The club must also be a member of US Sailing. The top two finishers from Area B clubs qualify for the USSA Finals in Traverse Bay, Michigan, on August 4-8, competing in provided 420's.



Smythe Information

The Smythe Championship is the *US Sailing* single handed National Junior Championship. This year there will be no ECSA Smythe Eliminations, but everyone can enter directly to the Area B's, which will be held on July 10th at the Mason's Island Regatta, sailing **Byte C II's**. The Byte C II's are being supplied by Zim Sailing and will be assigned to the sailors entering per the NOR for the regatta. Smythe selection to the Finals in Michigan will be the top two qualified entrants from Area B. The Sailor must be a member of US Sailing. Their club must also be a member of US Sailing.

ECSA Junior Championships

ECSA Team Racing Championship

The racing schedule starts July 7th and finishes on August 11th . Monday afternoons are reserved for team racing. Flexibility to change schedules is encouraged but if mutual agreement between the host and visitor clubs is not achieved, then a forfeit by the club not meeting the scheduled competition is recorded. Results of each match must be e-mailed to Paul Risseeuw at PRisseeuw@aol.com immediately. The Championship Regatta is scheduled for August 11th at Yale. The top TWO East Division and top TWO West Division clubs will be invited to attend. See the regatta announcement in the announcements section for specifics. Trophies will be awarded to the top three teams at the ECSA Cookout at Pettipaug YC on August 17th.

If agreed upon by both teams in advance, protests may be done on the water at the RC boat with the Race Committee as the Protest Committee. Both boats will come alongside the RC boat and hold the hearing.

ECSA All Star Regatta

Each club within ECSA is invited to send a team consisting of two junior skippers and two crew to compete in a collegiate style, A/B fleet type regatta as USCGA on August 12th. Each club determines for itself what selection process it will use but theoretically the competitors represent an "All Star" group. Normal Intercollegiate racing rules apply as A competitors and B competitors race within their own fleets, alternating boats as determined by the rotation schedule. As many races as possible are run and the overall winners are determined by adding together the A and B totals. No throw-outs are permitted. See Race Announcement section for specific details. Trophies will be awarded at the ECSA cookout at Pettipaug YC on August 17th.



ECSA Midget Regattas/Championships

The ECSA Midget regattas are open to those sailors who qualify as Midgets (see age chart). These eliminations are open to all ECSA Midgets, with no restriction as to one per club. These eliminations will be sailed concurrently with the 420 fleet at the Mason's Island Regatta on July 10th. The top two finishers of the midget elimination qualify for the Mid-Atlantic Midget Championships, to be held at the Monmouth Boat Club in Red Bank, NJ, on August 23-24. The top 7 ECSA finishers at Mason's Island become the team that represents ECSA at the Midget Challenge Regatta held at USCGA on August 13th. The #4, 5, 6 & 7 qualifiers will share two boats at the USCGA. If a winner cannot go to the Mid-Atlantics or Coast Guard, then the next lowest point total will be invited.

The Midget Challenge regatta at USCGA is held in USCGA Flying Junior's (FJ's), using normal fleet racing rules. No team racing is allowed. Teams from Western Long Island

Sound, Great South Bay and Eastern Long Island are invited. A total of 20 (more if available) boats race. "Team" scores are totaled to determine the winning team. Trophies are awarded to the top 3 skippers and crews.

The selection process for the two ECSA Optimist entries in the Mid-Atlantic Midget Championship is as follows: The skippers compiling the lowest point total in six of the thirteen following regattas will be selected: Mason's Island, Watch Hill, Weekapaug, Sachem's Head, Fishers Island, Niantic Bay, Thames, Pine Orchard, Ram Island, New London Community Boating, Groton Long Point, Madison Beach and NESS/Wadawanuck. Scoring is based on overall fleet finishes, with 1 for first, 2 for second, etc. A third in a small fleet counts the same as a third in a large fleet. Ties will be broken by the most first, seconds, thirds, etc. If a tie still remains, then who beat who in the last regatta both sailed in will be the tie breaker. If a winner cannot go to the Mid-Atlantics, then the next lowest point total will be invited.



SUNY Challenge Regatta

The SUNY (State University of New York) Challenge Regatta was new in 2010. It will be held every year at SUNY Maritime, also referred to as Fort Schuyler, located under the Throggs Neck Bridge in New York. Six teams of three boats, from ECSA, JSA, GSB, PGJSA, Barnegat Bay NJ and Hudson River will compete, similar to the Midget Challenge at the Coast Guard Academy. Age limits are US Sailing limits, 18 and under. It is the intent that the entrants are no longer Midgets, as they have their regatta at Coast Guard. This is for the older sailors. However, a midget will not be excluded if he/she is the normal crew for the sailor qualifying. These eliminations are open to all ECSA sailors, with no restriction as to one per club. These eliminations will be sailed concurrently with the 420 fleet at the Mason's Island Regatta on July 10th. The top three age appropriate finishers will qualify for the SUNY Regatta on August 5th. SUNY Maritime will provide their fleet of 420's, sailed without spinnakers or traps. Skippers meeting will be about 12:00, with racing until about 6:00. Food afterwards.